



FAQ: Interferential Stimulation

Introduction

Interferential Therapy works by sending small electrical impulses through the skin. These impulses stimulate underlying nerves and tissue reducing pain, edema and inflammation. This, in return, reduces or eliminates the need for most pain-related drugs.

Interferential Therapy was first introduced over forty years ago. Due to the size and design of the clinical unit, Interferential Therapy has been traditionally applied in hospitals or clinics.

Applications

Interferential Therapy is used in the treatment of circulatory disorders, range of motion, edema and muscle spasms.

Advantages

Electrotherapy uses electric impulses delivered through electrodes on the skin, mimicking the central nervous system to stimulate nerves and muscles. The process is used to reduce inflammation, treat pain and may also be used for muscle training, including bladder incontinence treatment.

Commonly Asked Questions in Regards to Interferential Therapy

Are Interferential devices safe?

YES. Although the thought of electrical impulses being sent into the body may seem frightening at first, all you really feel is a slight vibrating sensation. Unlike many drugs, Interferential devices have no known side effects.

Who cannot use an Interferential device?

Individuals with a pacemaker or patients who are pregnant should not use an Interferential device. Consult your doctor or clinician first.



How do I use the Interferential device?

Your physician will place two sterile adhesive strips on your skin one on each side of your surgical incision and will connect these to your Interferential device which provides the pain-relieving and edema-reducing stimulation.

Is an Interferential device difficult to use?

No. An Interferential device is about the same size as a transistor radio and is about as easy to use. Your doctor or clinician will instruct you on how to use your Interferential device. You may have to make minor adjustments from time to time, but this is easily done.

Will an Interferential device work for me?

Interferential Therapy has been used extensively for managing post-surgical, post-traumatic acute pain, edema and inflammation reduction. It has been used successfully for a wide variety of procedures such as:

Who Uses Advanced Electrotherapy Interferential Stimulators?

Interferential Stimulators are used by practitioners in a variety of settings:

- General Surgery
- Neurosurgery/Orthopedics
- Obstetrics/Gynecology
- Thoracic Medicine
- Orthopedics
- Podiatry
- Urology

How expensive are Interferential devices?

When compared with the cost of lost time for recovery after surgery and continuing expense of drug therapy, an Interferential device is a very cost-effective means of treatment.



Does my insurance policy cover the cost of renting an Interferential device?

Because Interferential Therapy is a proven method for pain, edema and inflammation reduction, most insurance carriers pay for the rental or purchase of the device.

How long will I have to use my Interferential device?

Depending upon your condition, Interferential devices can be rented for short periods of time from two weeks to several months.

What is the difference between TENS and Interferential Stimulators?

Both TENS units and muscle stimulators have their uses, but they are very different in their reasons for being used. If you are looking for an alternative to standard pain relief, then the TENS unit is what you should be looking at. However, for the prevention of atrophied muscles and to define specific muscle groups, the Interferential muscle stimulator is the way to go.

How do I receive the supplies necessary to use the Interferential device?

Your Health Care Dealer will send you supplies (electrodes, lead wires and batteries) on a weekly basis. They are knowledgeable in what your needs will be.

How do I get an Interferential device to be used after surgery?

Before obtaining an Interferential device you must first have a prescription from your physician. Once you have a prescription your Health Care Dealer can supply you with an Interferential device from Control Solutions LLC.